

Crosslauf - TuS 06 Heltersberg - 3. Oktober 2026

Mittelstrecke - 4590 m am 03.10.2026

Ergebnisliste

Rng	Snr	Name, Vorname	Verein/Ort	Land	Jg	Ak	AkRng	Endzeit	Nettozeit
1	430	Köhler, Alexander	TV Lemberg		1997	M20	1	00:15:58	00:15:58
2	456	König, Günter	TSG Weinheim		1968	M55	1	00:17:24	00:17:24
3	438	Riedel, Rebecca	LG Rülzheim		1996	W30	1	00:17:41	00:17:41
4	400	Andreas, Tim	LC Donnersberg		2001	M20	2	00:17:44	00:17:44
5	410	Christmann, Sascha	LC Donnersberg		1979	M45	1	00:18:04	00:18:04
6	434	Meyer, Anna	1.FC Kaiserslautern e. V		2000	W20	1	00:18:18	00:18:18
7	453	Raab, Nils	TV Lemberg		2001	M20	3	00:18:19	00:18:19
8	440	Roth, Patrick	TSV Kandel		1978	M45	2	00:18:20	00:18:20
9	426	Jansohn, Eva	Bamberg		2000	W20	2	00:18:26	00:18:26
10	444	Seither, Markus	TV Herxheim		1978	M45	3	00:18:37	00:18:37
11	425	Hölderich, Philipp	TV Rheinzabern		1988	M35	1	00:18:45	00:18:45
12	421	Haas, Giuliana	TV Bad Bergzabern		2001	W20	3	00:19:21	00:19:21
13	454	Abel, Thomas			1978	M45	4	00:19:40	00:19:40
14	439	Ritschi, Finja	Waldfischbach		2008	WJU20	1	00:19:51	00:19:51
15	443	Schütte, Luca	TuS 06 Heltersberg		2000	M20	4	00:19:54	00:19:54
16	436	Perlick, Pascal	LTV Bad Dürkheim		1997	M20	5	00:19:56	00:19:56
17	419	Franz, Paula	TV Lemberg		2005	W20	4	00:20:05	00:20:05
18	437	Raab, Marion	VT Contwig		1974	W50	1	00:20:09	00:20:09
19	414	Döringer, Patrik	LCO Edenkoben		1968	M55	2	00:20:23	00:20:23
20	416	Ebener, Paula	TSG Eisenberg		2006	W20	5	00:21:07	00:21:07
21	413	Doesken, Norman	TV Rodenbach		1971	M55	3	00:21:08	00:21:08
22	452	Wünstel, Jörg	TV Herxheim		1979	M45	5	00:21:11	00:21:11
23	415	Dünnebier, Thomas	LCO Edenkoben		1967	M55	4	00:21:25	00:21:25
24	442	Schirra, Tonio	FV Weilerbach		1981	M45	6	00:21:46	00:21:46
25	457	Lemmen, Florian	TVK 81		2003	M20	6	00:21:49	00:21:49
26	433	Matheis, Josefa	TSG Eisenberg		1966	W60	1	00:21:52	00:21:52
27	429	Klein, Peter	LCO Edenkoben		1957	M65	1	00:21:53	00:21:53
28	458	Bracke, Laurenz	TuS 06 Heltersberg		2004	M20	7	00:21:58	00:21:58
29	405	Bauer, Lilly	TSG Eisenberg		2006	W20	6	00:22:12	00:22:12
30	412	Deiß, Sonja	TSG Eisenberg		1978	W45	1	00:22:47	00:22:47
31	432	Laun, Antje	TV Herxheim		1999	W20	7	00:22:49	00:22:49
31	449	Wafzig, Paula	TuS 06 Heltersberg		1999	W20	7	00:22:49	00:22:49
33	409	Brück, Reinhard	TV Rheinzabern		1952	M70	1	00:23:00	00:23:00
34	411	Cuntz, Karlheinz	LG Kapellen-Drusweiler		1955	M70	2	00:23:30	00:23:30
35	435	Meyer, Dieter	TV Herxheim		1962	M60	1	00:23:57	00:23:57
36	450	Weilacher, Felicitas	TV Herxheim		1996	W30	2	00:24:41	00:24:41
37	431	Kohnle, Ulrich	TV Herxheim		1958	M65	2	00:25:15	00:25:15
38	448	Utzmann, Peter	LG Rülzheim		1966	M60	2	00:25:26	00:25:26
39	423	Henninger, Sascha	TSG Kaiserslautern		1977	M45	7	00:25:44	00:25:44
40	428	Klein, Monika	LCO Edenkoben		1964	W60	2	00:26:08	00:26:08
41	455	Brunner, Sylvia	TV Herxheim		1966	W60	3	00:26:18	00:26:18

42	422	Heiter, Werner	LG Rülzheim	1949	M75	1	00:26:24	00:26:24
43	404	Bartels, Karin	TuS 06 Heltersberg	1966	W60	4	00:26:35	00:26:35
44	459	Ecker, Levina	SV Miesau	2015	W10	1	00:27:38	00:27:38
45	427	Kaiser, Udo	TSG Kaiserslautern	1953	M70	3	00:28:34	00:28:34
46	424	Hölderich, Klaus	TV Rheinzabern	1955	M70	4	00:32:27	00:32:27
47	418	Engels, Jürgen	FV Olympia Ramstein	1963	M60	3	00:33:14	00:33:14