

Crosslauf - TuS 06 Heltersberg - 3. Oktober 2026

Pfalz-Crosslaufmeisterschaft (4590 m) am 03.10.2026

Ergebnisliste

Rng	Snr	Name, Vorname	Verein/Ort	Land	Jg	Ak	AkRng	Endzeit	Nettozeit
1	430	Köhler, Alexander	TV Lemberg		1997	M20	1	00:15:58	00:15:58
2	438	Riedel, Rebecca	LG Rülzheim		1996	W30	1	00:17:41	00:17:41
3	400	Andreas, Tim	LC Donnersberg		2001	M20	2	00:17:44	00:17:44
4	410	Christmann, Sascha	LC Donnersberg		1979	M45	1	00:18:04	00:18:04
5	434	Meyer, Anna	1.FC Kaiserslautern e. V		2000	W20	1	00:18:18	00:18:18
6	440	Roth, Patrick	TSV Kandel		1978	M45	2	00:18:20	00:18:20
7	444	Seither, Markus	TV Herxheim		1978	M45	3	00:18:37	00:18:37
8	425	Hölderich, Philipp	TV Rheinzabern		1988	M35	1	00:18:45	00:18:45
9	421	Haas, Giuliana	TV Bad Bergzabern		2001	W20	2	00:19:21	00:19:21
10	419	Franz, Paula	TV Lemberg		2005	W20	3	00:20:05	00:20:05
11	437	Raab, Marion	VT Contwig		1974	W50	1	00:20:09	00:20:09
12	414	Döringer, Patrik	LCO Edenkoben		1968	M55	1	00:20:23	00:20:23
13	416	Ebener, Paula	TSG Eisenberg		2006	W20	4	00:21:07	00:21:07
14	413	Doesken, Norman	TV Rodenbach		1971	M55	2	00:21:08	00:21:08
15	452	Wünstel, Jörg	TV Herxheim		1979	M45	4	00:21:11	00:21:11
16	415	Dünnebier, Thomas	LCO Edenkoben		1967	M55	3	00:21:25	00:21:25
17	457	Lemmen, Florian	TVK 81		2003	M20	3	00:21:49	00:21:49
18	433	Matheis, Josefa	TSG Eisenberg		1966	W60	1	00:21:52	00:21:52
19	429	Klein, Peter	LCO Edenkoben		1957	M65	1	00:21:53	00:21:53
20	458	Bracke, Laurenz	TuS 06 Heltersberg		2004	M20	4	00:21:58	00:21:58
21	405	Bauer, Lilly	TSG Eisenberg		2006	W20	5	00:22:12	00:22:12
22	412	Deiß, Sonja	TSG Eisenberg		1978	W45	1	00:22:47	00:22:47
23	432	Laun, Antje	TV Herxheim		1999	W20	6	00:22:49	00:22:49
24	409	Brück, Reinhard	TV Rheinzabern		1952	M70	1	00:23:00	00:23:00
25	411	Cuntz, Karlheinz	LG Kapellen-Drusweiler		1955	M70	2	00:23:30	00:23:30
26	435	Meyer, Dieter	TV Herxheim		1962	M60	1	00:23:57	00:23:57
27	450	Weilacher, Felicitas	TV Herxheim		1996	W30	2	00:24:41	00:24:41
28	431	Kohnle, Ulrich	TV Herxheim		1958	M65	2	00:25:15	00:25:15
29	448	Utzmann, Peter	LG Rülzheim		1966	M60	2	00:25:26	00:25:26
30	423	Henninger, Sascha	TSG Kaiserslautern		1977	M45	5	00:25:44	00:25:44
31	428	Klein, Monika	LCO Edenkoben		1964	W60	2	00:26:08	00:26:08
32	422	Heiter, Werner	LG Rülzheim		1949	M75	1	00:26:24	00:26:24
33	404	Bartels, Karin	TuS 06 Heltersberg		1966	W60	3	00:26:35	00:26:35
34	427	Kaiser, Udo	TSG Kaiserslautern		1953	M70	3	00:28:34	00:28:34
35	424	Hölderich, Klaus	TV Rheinzabern		1955	M70	4	00:32:27	00:32:27
36	418	Engels, Jürgen	FV Olympia Ramstein		1963	M60	3	00:33:14	00:33:14